

NH Mental Health Peer Alliance

Meeting Minutes

November 17, 2020

Present: Ken Lewis, Greg Burdwood, Ken Stanley, Diana Bastian, Dawn Mellencamp, Martha Jo Hewitt, David LaCroix and Sharon Reynolds

Previous Meeting Minutes

Martha made a motion to accept the previous meeting minutes. Sharon seconded it. All voted in favor.

Tom Grinley

Tom Grinley was absent.

New Hampshire Hospital (NHH)

David LaCroix reported that there was one active case of COVID-19 at NHH. He/she was moved to the COVID Unit. Staff also tested positive. Regular tests are out. Rapid tests are in. Mitigation protocols work.

The Transitional Housing Program is at capacity. 51 people are waiting in emergency rooms.

Philbrick will be remodeled by December or January 2021. Four 12-bed units have been approved. They are finding a location for the Secure Psychiatric Unit (SPU), most likely on the Concord campus with NHH.

A new peer specialist will be working with David LaCroix (Kevin Lubbkert) by May or June 2021. He will be working on dual-diagnosis/co-occurring disorder cases.

There is a housing problem. Many people in NHH are ready to leave but have nowhere to go.

H.E.A.R.T.S. Respite

They are operating at 50% capacity (1-bedroom).

Website

For photos and videos, we'll need signed model releases as well as the images and videos. Horizontal and vertical images are desirable, as well as people interacting.

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For Website Workgroup meetings, Ken will give us access to his Zoom account: username and password.

Action Item: Mike Skinner has six videos about aspects of the trauma-informed approach on Vimeo for us to link to. That way, we don't have to store it on our account. Sharon will email a request for images and videos. She will also forward the invoice for the website hosting and publishing from wix.com.

Legislative Outreach

There are sympathetic legislators. We need to strategize how to build relationships with them, first.

Action Items: Have New Futures meet with Advocacy Workgroup before meeting with legislators in January 2021. Use LSRs as a way to identify additional legislators who might be willing to work with us.

Brochure

Sharon created a rough draft of the brochure. There wasn't enough room on letter-size paper. Therefore, we decided to put it on legal-sized paper, accordion-fold.

Action Item: Greg will send it to the general membership.

Open Discussion

We could create a newsletter that could go to PSAs, Granite Pathways, NAMI NH, OCFA, DBSA, etc.

Promotion

Martha is sending out materials to community organization by December 1.

Action Item: Have the brochure done by the end of November so Martha can send it out by December 1.