



SPRING FEVER AND SEASONAL CHALLENGES

Tuesday, May 21st, 2024

10:00 am - Conversation

11:10 am - Monthly Meeting

**Join Sharon and Harrison for a discussion
about the impact that changing
seasons and different times of year can
have on mental wellness!**

Zoom Meeting:

**[https://us02web.zoom.us/j/84071785517?](https://us02web.zoom.us/j/84071785517?pwd=Z2FrNnRyenBnWDcyQU40ck5hQlozZz09)
[pwd=Z2FrNnRyenBnWDcyQU40ck5hQlozZz09](#)**

Meeting ID: 840 7178 5517

Passcode: 269641



- Sharon Reynolds, Infinity Peer Support**
- Harrison Bryan, Connections Peer Support**

