

Practice strict confidentiality.

Memmbership

Build membership.

Invite more guests to Peer Alliance meetings, such as legislators, New Futures, NAMI NH, Disability Rights Center and Granite Pathways.

Try to get more people actively involved in different workgroups.

Try to help as many as possible

Peer S9upport

Get information about what peer support is.

Get infomraiton about what people employed as Peer Specialists are/do.

Peer support agencies should be run by and trained by peers.

Plans

Determine if there are priorities for people with lived experience that are not part of the ten year plan .

If there are some in the ten year plan that have not received priority and attention they should

Review other peer advocacy plans nationally.

Basic Needs

Without adequate funding for accessible treatment and housing, it will be difficult to reach the low income/homeless population who grapple with mental health issues.

Must seek employment.

Promote more housing programs: long-term transitional housing, short-term transitional housing, respite beds.

Services should be optional.

Mental health assistance, especially regarding children, and the resources open and available to them.

Advocacy

Elected officials won't move on this without feeling some political heat.

Ask government officials nicely for support in maintaining adequate funding for peer supports services instead of demanding it.

There was a bill last year to provide an alternative to guardianship which involves the person more in the decision making (HB 540).

HB 540 has been held by the Senate for further study.

HB 540 might be a good one to work on.

No conditional discharge.

We need better insurance plans to cover mental health assistance.

Priority

NAMI NH are not peers (by and large).

There is an issue with NAMI NH training us.

Once NAMI NH does the training, they have the control.

Services

Emergency services shouldn't answer only crisis calls.

Stressing the importance of wellness and referrals to places that offer yoga, exercise, meditation, nutrition, creativity, etc.

Make crisis vans more available.

I do not see many people practicing yoga, exercise, meditation, nutrition, etc. or going to places that might help.

Need doctors!!!!

I see wellness activities (e.g., yoga, exercise, meditation, etc.) as important as a prescription or therapy.

No conditional discharge.

Conditional discharges are meant to control a person.

For me, I have been out-of-care for three years.

I prefer face-to-face therapy.