

NH Mental Health Peer Alliance

Meeting Minutes

January 18, 2021

Present: Michelle Wagner (NAMINH), David LaCroix (NH Hospital), Tom Grinley (OCFA) and Sharon Reynolds

Office of Consumer & Family Affairs (OCFA)

Tom Grinley plans to change the name of the Office of Consumer & Family Affairs (OCFA) by January. When he does, he'll pass it along to us.

Four of the Peer Support Agencies (PSAs) have signed up to offer Step-Up/Step-Down (SUSD) services: 30-day to 90-day residential programs that are part of the 10-Year Mental Health Plan. These services are part of the Ten-Year Mental Health Plan. H.E.A.R.T.S, On the Road to Wellness, Connections and Monadnock Peer Support are taking part in the program.

Monadnock will have their program up and running first. The rest of the SUSDs hope to have programs up and running before the end of March.

Legislature is getting back into Concord.

August newsletter is not yet out.

The Community Mental Health Centers (CMHCs) are distributing vaccinations to 1A-eligible and 1B-eligible peers, starting January 26, 2021.

Next Steps

Spread ACT, Emergency Services and ProHealth programs throughout the system.

Need to have 100% utilization at Peer Respite programs because 73 people are waiting in Emergency Departments (25% to 30% children).

New Hampshire Hospital (NHH)

The census is full at the hospital. They have 5 COVID-19-positive patients: 149 staff members are left to be vaccinated. Deb Robinson is the new Director of the 16-bed Philbrick Adult Transitional Housing (PATH).

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Secure Psychiatric Unit (SPU)

In the interim, there is still a plan to move SPU away from the State Prison. They are at capacity with 8 COVID-positive patients and 12 COVID-positive staff members.

There is a dedicated COVID Unit with private rooms at NH Hospital. NH Hospital has Units C, D, E, F, G, H, I and J. I and J are geriatric units.

Everyone at NH Hospital gets tested once a week. There are 149 staff members left to be vaccinated. Most clients reside there for 7 to 10 days.

All of the children are now located at Hampstead Hospital.

COVID-19 Information

For more information, visit vaccines.nh.gov.

National Alliance on Mental Illness NH (NAMI NH)

Peer-to-Peer Class

Michelle Wagner is leading an eight-week-long Peer-to-Peer Class via Zoom. It will be offered twice more this year. She hopes to collaborate and cross pollinate so we can learn from one another.

She hopes to grow support groups and increase daytime Connections peer support groups.

Family-to-Family is still underway.

First-Episode Psychosis (FEP)/Early Serious Mental Illness (ESMI)

The group will be held on the 3rd Tuesday from 5:30 pm to 7:00 pm: cannabis and substance misuse.

Activating Hope

Eduardo Vega and Jude Grophear from Monadnock Peer Support.

Practices: Change in language: Michelle, Jude and Eduardo Vega.

Programs: Ken Lewis

Policies: Sharon Reynolds

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Increase in Peer Workforce

Ayla Kendall and Julianne Carbine.

Website

COVID-19 Information

Link **vaccines.nh.gov** in the website.

Topics

Link **NH Stories: Videos** and **Documents** on the page.

Advocate

Link **Documents** on this page.

Substance Abuse & Mental Health Services Administration (SAMHSA)

Paulo Divecchio is a powerful peer advocate who is being considered for a high position at SAMHSA.